

**Luis Rey Benavides, M. D.**  
**Curriculum Vitae**

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- OBJECTIVE** Interested in a challenging and rewarding career in hospital medicine.
- BIOGRAPHICAL** Citizenship: *USA*; Birthplace: *San Antonio, TX*; Marital Status: *Married*
- EDUCATION**
- 2003-2006 University of Texas Medical Branch Galveston, TX (UTMB)  
Residency in Family Medicine, *Rural Track*
  - 1999-2003 UTMB Galveston, TX School of Medicine *Medical Doctorate*
  - 1998-1999 Boston University School of Medicine, Boston, MA. Post  
Baccalaureate Program
  - 1991-1996 University of Texas at San Antonio (UTSA), TX *Bachelor of Arts  
Degree, Psychology Bachelor of Science Degree, Biology*
- LICENSURE**
- Texas Medical License: M3809
  - Board Certified in Family Medicine 2008
  - BLS, ACLS, PALS, ALSO, ATLS
- ADMINISTRATIVE**
- 2010–*Present* Texas Tech University Health Science Center, Odessa, TX.  
Department of Family Medicine, Assistant Professor-Medical Staff  
*Part time status as of September 2012*
  - 2010-*Present* Encompass, Hospitalist Medical Center Hospital, Odessa, TX.  
*Full time status as of March 2012*
  - 2010-2011 Woodlands Primary Care Clinic, Woodlands, TX. *Co-Owner*
  - 2007-2009 Whitney Medical Associates Family Medicine Clinic. Whitney TX.  
*Sole Proprietor*
  - 2007-2009 Appointed as the Hill County Health Authority, Dept. Health and  
Human Services, TX
  - 2009 Appointed as Secretary for Hill Regional Hospital Medical Staff

- 2007-2009 Hill Regional Hospital Surgical, ER and ICU Committee
- 2008-2009 Professional Advisory Committee member for Hospice of the Heart, Whitney, TX
- 2007 Medical Director for Homestead Nursing and Rehabilitation, Hillsboro, TX

**MEDICAL PRIVILEGES**

Medical Center Hospital, Odessa, TX  
*ICU management of patients, intubating and ventilator management of patients as well as BiPAP, CPAP*

Midland Memorial Hospital, Midland, TX

Hill Regional Hospital, Hillsboro, TX.:  
*Endoscopies: EGD and Colonoscopies with cold and hot biopsies/ snares, ICU management of patients, intubating and ventilator management of patients as well as BiPAP, CPAP, Cardiac treadmill nuclear stress testing,*

Town Hall Nursing and Rehabilitation Hillsboro, TX

Town Hall Nursing and Rehabilitation, Whitney, TX

Park Plaza Nursing Home, Whitney, TX

Homestead Nursing and Rehabilitation, Hillsboro TX

Hospice of the Heart, Whitney, TX

**EMPLOYMENT**

- 2010-Present Texas Tech University Health Science Center, Odessa, TX.  
Department of Family Medicine, Assistant Professor  
*Part time status as of September 2012.*
- 2010-Present Locums Hospitalist Medical Center Hospital, Odessa, TX  
*Full time status as of March 2012.*
- 2010-2011 Woodlands Primary Care Clinic, Woodlands, TX, 77381. *Co-Owner.*
- 2007-2010 Whitney Medical Associates, Whitney, TX, 76692.  
*Solo Practitioner and Self-Proprietor.*

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- 2003–2006 Resident physician in training UTMB Family Practice Residency Galveston, TX, *Rural Track*
- 2004–2006 Holistic Integrative Provider Resident in Training UTMB Family Medicine
- 2003 Emergency Room Health Assistant UTMB Galveston, TX
- 1996–1998 Neuroscience Research Assistant New York University Medical Center, New York, NY
- 1996–1997 Space Shuttle Research Assistant: NASA Kennedy Space Center, Cape Canaveral, FL, *Shuttle Mission: STS-90: Neurolab, Columbia*
- 1996 Neuroscience Research Assistant NASA Ames Research Center, Mountain View, CA *Shuttle Mission: STS-72: NIH R3, Endeavor*
- 1995–1996 Biochemistry Research Assistant University Texas at San Antonio, TX
- 1990–1992 Clinical Rehabilitation Assistant Rehabilitation Institute of San Antonio, TX

**TEACHING**

- 2010–*Present* Clinician, preceptor and mentor for TTUHSC Residents in training, medical students and physician assistant students
- 2010–2011 Teaching Endocopy and practice management
- 2009 Selected to be a Preceptor for AHEC--Health Professional Students
- 2007–2009 Preceptor for nursing students from Hill College, Hillsboro, TX
- 2007–2009 Mentoring Whitney High School students interested in Medicine.
- 2004–2006 Teaching junior residents during residency at UTMB
- 2000 Prematriculation Biochemistry Tutor--UTMB Galveston, TX
- 1995 Freshman Camp Counselor--UTSA Heart of the Hills, TX

**HONORS**

- 2006 UTMB Family Medicine "Outstanding Achievement in Research Award"
- 2006 UTMB Family Medicine "Perfect Practice Partner Award"
- 2005 Joint AAFP/F-AAFP Resident Research Scholarship Recipient
- 2005 Highest PGY 2 In-Training Examination score Family Medicine
- 2004 Joint AAFP/F-AAFP Resident Research Scholarship Recipient
- 2004 NIH/NMA Fellow in Academic Careers Award Recipient
- 1999 George T. Bryan Award UTMB SOM *Four-year Scholarship*
- 1998 Boston University School of Medicine Post-Baccalaureate Scholarship
- 1995 NIH Undergraduate Research Scholarship, NYU Medical Center, NY, NY
- 1995 MARC Scholarship for Biochemistry Research UTSA
- 1994 Psychology Undergraduate Research Scholarship UTSA

**RESEARCH**

- 2011 Vance, Shari, BA, MS4, Benavides, Luis, MD. A Rare Retroperitoneal Pseudocyst in a Woman with Ulcerative Colitis. *Consultant Live*. December 6, 2011.  
<http://www.consultantlive.com/display/article/10162/2002008>
- 2004-2006 Islam J, Weller S, Carlson C, **Benavides, L.** Does perception of health-status and self-efficacy influence A1C in Diabetes Mellitus Type 2?; & Examining the difference of physician inertia in treatment intensification amongst depressed versus non-depressed patients with Diabetes Mellitus Type 2. *Presentation in poster at NAPGRG, October 2005 in Quebec, Canada & in Tucson, Arizona October 15, 2007. Oral presentation at the AAFP National Conferences July 2005 & August 3<sup>rd</sup> 2006 in Kansas City and submitted for publication-2006-07.*
- 2005 Bustamante JJ. Garcia M. Gonzalez L. Garcia J. Flores R. Aguilar RM. Trevino A. **Benavides L.** Martinez AO. Haro LS. Separation of proteins with a molecular mass difference of 2 kDa utilizing preparative double-inverted gradient polyacrylamide gel

- electrophoresis under nonreducing conditions: application to the isolation of 24 kDa human growth hormone. *Electrophoresis*. Dec. 2005, 26(23):4389-95.
- 2005 Walton KD. **Benavides L.** Singh N. Hatoum N. Long-term effects of microgravity on the swimming behaviour of young rats. *Journal of Physiology*. June 1, 2005, 565(Pt 2):609-26.
- 2003 Alternative medicine and diabetes: Searching for holistic harmony. UTMB Alternative integrative medicine elective. <http://cam.utmb.edu/curriculum/ai-elect-activ-essays.asp>.
- 2001 Effects of a nine-day NASA space shuttle mission on the development of the neonatal rat nervous system: A behavioral study in "The brain in space: A teacher's guide with activities for neuroscience". NASA Life Science Division, Washington DC. *Developmental and Neurobiology Textbook for the NASA Neurobiology Education*.
- 1997 Walton K, Heffernan C, Sulica D, **Benavides, L.** Changes in gravity influence rat postnatal motor system development: from simulation to space flight. *Gravitational & Space Biology Bulletin: Publication of the American Society for Gravitational & Space Biology*. 1997;10(2):111-118.
- 1997 "Effects of a nine-day NASA space shuttle mission on the development of the neonatal rat nervous system: A behavioral study." *NASA's 12<sup>th</sup> Man in Space Washington DC Conference*.
- 1997 "Effects of space flight on righting reflexes and swimming in neonatal rats." *Society for Neuroscience Conference*.
- 1996 "Identification of ankle and flexor motoneurons in the neonatal rat using fluorescent dyes." *The New York Medical Center Collection of, Vol. 3*.
- 1996 "Isolation of native 24 kDa glycosylated human growth hormone." *International Congress of Endocrinology Conference*.
- 1995 "Mother-child conversations about school: Effects of time and gender of child." *SRCD Child Development Conference*.
- 1995 "Mothers' expectations for children's school performance: Patterns associated with culture, SES, and gender of child." *Conference of Human Development*.

- PRESENTATIONS** 2007-2008 “Breast Cancer-Increased Need for Screening and Awareness”, Healthy Woman Lecture Series. Hillsboro, TX
- 2007-2008 “Diabetes and the Metabolic Syndrome”, Healthy Woman Lecture Series. Whitney, TX
- 2006 “Herpes Encephalitis Case Presentation.” Morbidity and Mortality at UTMB Department of Family Medicine.
- 2005 “Gastric Bypass Sequela Case Presentation.” Morbidity and Mortality at UTMB Department of Family Medicine.
- 2004 “SSRI Related Erectile Dysfunction” Ambulatory Clinic Report for UTMB Department of Family Medicine.
- 2005 “Family Medicine and Obstetrical Emergencies.” UTMB Residency Series at UTMB Family Medicine.

**PROFESSIONAL MEMBERSHIPS**

Texas Academy Family Physicians, American Academy Family Physicians, American Medical Association, Texas Medical Association, Society of Hospital Medicine

**COMITTEES**

- 2010-2011 MCH Odessa, Safety Council Committee.
- 2011 MCH Odessa, Nutrition Committee
- 2008- 2009 Hill Regional Hospital, Medical Surgical Committee

**VOLUNTEER**

- 2011-2012 Telemundo 20, Odessa TX  
On air television, weekly guest appearances discussing medicine and health concerns for the local community.
- 2005-2006 Team Physician at Clear Creek High School Football
- 2004 UTMB School of Medicine Prematriculation Mentor
- 2000-2001 Big Brothers and Sisters Gulf Coast Mentor, Galveston, TX
- 1996-1997 Spanish Interpreter Bellevue Hospital NY, NY.

**LANGUAGE**

Fluent in Spanish with reading and writing comprehension.

**INTERESTS**

Practice management, rural medicine, hospital and ambulatory procedures, diabetic care, holistic and integrative medicine, spending time with family, outdoor sporting events, the conservation of analogue music to a true digital medium, Mexican folk art.

**PERSONAL ACCOMPLISHMENTS**

Establishing a new family medicine clinic in Whitney, Texas. Since opening on January 22<sup>nd</sup> 2007, serving over 2000 patients to date.

Accepted into the FBI in 1999 as a special agent. However, I declined this appointment in order to begin medical residency training at UTMB.

Offered the opportunity to start a new fellowship after residency at UTMB-- Family Medicine-Obstetrics Fellowship

Making my family proud by being the first to achieve an advanced college education and pursue post graduate training.

Having the privilege and honor to serve as a primary care physician, following in my footsteps of my uncle Jose Benavides M.D. who served on the Texas Medical Board.

**REFERENCES**

*FURTHER REFERENCES AVAILABLE UPON REQUEST.*